




Kuriame  
Lietuvos ateitį  
2014-2020 metų  
Europos Sąjungos  
fondų investicijų  
veiksmų programą



LIETUVOS RESPUBLIKOS  
SVEIKATOS APSAUGOS MINISTERIJA

# GEROSIOS PRAKTIKOS PORTALAI

## EMCDDA gerosios praktikos portalas(BEST PRACTICE PORTAL)



**Best practice portal**

The Best practice portal is designed to help you find evidence and share information on what works (and what doesn't) in the area of prevention, treatment, harm reduction and social reintegration. It will help you identify the best practice interventions, quality assurance resources for what's effective, and transfer information during skills transfer and practice.

**Findings** **Implementation** **Evidence** **Standards**

**Policy and practice settings**

Each of these policy and practice settings is designed to contribute to more clarity in defining health and social responses to drug problems in Europe. Each setting consists of: (1) a summary of the main issues, (2) the main response options, (3) an overview of the EU action, (4) key evidence for policy and practice and (5) links to further resources. The settings are part of the EMCDDA's best practice work.

**Types of patterns of substance use**

- Cocaine use
- Opioid dependence
- Opioid maintenance
- High-potency synthetic opioids
- Alcohol use
- New synthetic psychoactives
- Alcohol dependence
- Polydrug use
- Nicotine use
- New synthetic psychoactives
- Alcohol dependence
- Polydrug use

**Needs of particular groups**

- Older people
- Women
- People with mental health issues
- People living with HIV
- Families

GEROSIOS PRAKTIKOS PORTALAS sukurtas tam, kad padėtų rasti patikimą informaciją apie tai, kas veiksminga (o kas neveiksminga) prevencijos, gydymo, žalos mažinimo ir socialinės reintegracijos srityse.

Portalas padės Jums:

- greitai atrasti jau išbandytas programas / priemones,
- paskirstyti išteklius tam, kas veiksminga,
- tobulinti programas / priemones taikant jau sukurtus įrankius, standartus ir gaires.

# EMCDDA gerosios praktikos portalas

## 1 žingsnis EMCDDA gerosios praktikos įrankis

- Eikite į interneto svetainę [http://www.emcdda.europa.eu/best-practice\\_en](http://www.emcdda.europa.eu/best-practice_en)
- Peržiūrėkite vaizdo įrašą apie portalą: PEOPLE LIKE TO GO OUT (<https://www.youtube.com/watch?v=Ku4KsTQh7pM&feature=youtu.be>)

The screenshot shows the EMCDDA Best Practice Portal website. The header includes the EMCDDA logo and navigation tabs: Data, Countries, Topics (A-Z), Our activities, Best practice (selected), Publications, Events, News, and About. A search bar is located in the top right corner. The main content area features a 'Best practice portal' heading and a description: 'The Best practice portal is designed to help you find practical and reliable information on what works (and what doesn't) in the areas of prevention, treatment, harm reduction and social reintegration. It will help you identify tried and tested interventions quickly, allocate resources to what's effective, and improve interventions applying tools, standards and guidelines.' Below this are four colored boxes representing key areas: Briefings (Policy and practice briefings), Implementation (Exchange, IMI, EDDAA, DR), Evidence (A database of available evidence), and Standards (National and international standards and guidelines). A section titled 'Policy and practice briefings' explains that each briefing is a one-stop-shop for anyone planning or delivering health and social responses to drug problems in Europe. At the bottom, there is a video player with a play button and a caption: 'Watch a short video about the Best practice portal (YouTube)'. The footer contains icons for cannabis, alcohol, heart rate, and a syringe.

# EMCDDA gerosios praktikos portalas

## 2 žingsnis Įgyvendinimo įrankis

- Eikite į interneto svetainę [http://www.emcdda.europa.eu/best-practice\\_en](http://www.emcdda.europa.eu/best-practice_en)
- Pasirinkite IMPLEMENTATION



## 3 3 žingsnis Xchange prevencijos registras

- XCHANGE prevencijos registras yra internetinis įrodymais grįstos prevencijos registras.
- Puslapio viršuje rasite informaciją apie Xchange registrą.

The screenshot shows the 'Xchange prevention registry' page. At the top, there are navigation tabs: 'Home', 'Best practice', 'Implementation', and 'Xchange'. The main content area is titled 'Xchange prevention registry' and includes an 'About the Xchange prevention registry' section, 'Our partners' information, and a search interface. The search interface has a search box and filters for 'By age group', 'By setting', 'By substance category', and 'By risk factor'. Below the search interface is a 'List of programmes' table.

Programme title	Date added	Countries where evaluated	Xchange rating
Planet Youth - "The Icelandic Model" application of environmental prevention principles based on a systematic local assessment of risk and protective factors	27.02.2020	Iceland	Additional studies recommended
Empower (let's start) - an evidence-based prevention programme for children with early-onset conduct problems, their families and teachers	26.02.2020	Spain	Additional studies recommended

## 3 3 žingsnis Xchange prevencijos registras

Išbandykite Xchange prevencijos registrą. Registre galite daryti paiešką pagal:

- *Programos pavadinimą*
- *Amžiaus grupę*
- *Aplinką*
- *Rezultatų tikslą*
- *Rizikos veiksnius*
- *Įgyvendinimo metus, laikotarpį*
- *Valstybę*
- *Xchange reitingą*

The screenshot shows the Xchange prevention registry website. At the top, there is a search bar and a navigation menu with links for Topics (A-Z), Our activities, Best practice, Publications, Events, News, and About. Below the navigation, there is a section titled "Xchange prevention registry" with a sub-section "About the Xchange prevention registry" and "Our partners". The "About" section describes the registry as an online platform for evidence-based prevention interventions. The "Our partners" section mentions a collaborative effort between EMCDDA and partner organizations. At the bottom, there is a search interface for programmes with a search bar and filters for age group, setting, outcomes targeted, and risk factor, all currently set to "All".

## 3 Žingsnis 3.1 Paieška pagal pavadinimą

Čia galite rasti programos aprašymą:

- Pagrindinė informacija
- Europos tyrimų rezultatų apžvalga
- Charakteristikos (nagrinėjami rizikos ir apsauginiai veiksniai bei tiksliniai rezultatai)
- Programos aprašymas
- Įgyvendinimo patirtis

PAGAL ŠIĄ STRUKTŪRĄ APRAŠYTOS VISOS  
DUOMENŲ BAZĖJE PATEIKTOS PROGRAMOS.

The screenshot shows the 'Evidence-based Practice Guide' for the PATHS program. The page title is 'Promoting Alternative Thinking Strategies (PATHS)/Preschool PATHS - a comprehensive programme for promoting emotional and social competencies and reducing aggression and behaviour problems'. The page is organized into several sections:

- At a glance:** Country of origin: USA, Last reviewed: 04.12.2019. It includes icons for Age group (0-5 years, 6-10 years, 11-14 years), Target groups (Children aged 0-11 years, School), and Programme settings (School).
- Overview of results from the European studies:** Last reviewed: 04.12.2019. It includes a 'Studies overview' section and a 'Cross-cutting Additional studies recommended' section with a link to 'About this page'.

The 'At a glance' section also contains a paragraph: 'The PATHS curriculum is a comprehensive programme for promoting emotional and social competencies and reducing aggression and behaviour problems in elementary school-aged children in grades K-6 (5 - 12 years of age) who are currently enrolling in the educational process in the classroom.'

The 'Overview of results from the European studies' section contains a paragraph: 'The Grade Level PATHS Curriculum consists of separate volumes of lessons for each grade level from K - 6 (5-12 years of age), all of which include developmentally appropriate pictures, photographs, poems, and additional materials (www.channing-bets.com/prevention-programme/paths). The'

## 3 Žingsnis 3.1 Paieška pagal amžiaus grupę

Galima ieškoti programų pagal tikslinės grupės amžių (*neapibrėžta amžiaus grupė - 0-5 metai - 6-10 metų - 11-15 metų - 16-18/19 metų - 20-25 metai*)

- Spauskite **0-5 AGE GROUP**
- Paieškos rezultatuose – 11 programų
- Paspaudę atitinkamos programos pavadinimą, rasite jos aprašymą.

The screenshot displays the EMCDDA search interface. At the top, there is a search bar with the text "Search for programmes" and a search icon. Below the search bar, there are four filter options: "by age group" (highlighted with a blue box), "by setting", "by outcomes targeted", and "by risk factor". The "by age group" filter is set to "0-5 years". Below the filters, there is a search results table with columns for "Programme title", "Date added", "Countries where evaluated", and "Exchange rating".

Programme title	Date added	Countries where evaluated	Exchange rating
Incredible Years - Teacher Classroom Management (IY-TCM) - a comprehensive programme for parents, teachers, and children to prevent, reduce, and treat behavioural and emotional problems in children	04.12.2019	USA, United Kingdom, Ireland, Jamaica	Possibly beneficial
Promoting Alternative Thinking Strategies (PATHS)/Preschool PATHS - a comprehensive programme for promoting emotional and social competencies and reducing aggression and behaviour problems	04.12.2019	Netherlands, Switzerland, United Kingdom, USA	Additional studies recommended
Peer Re-entry Programme (PRE) Op 'telle Krocht (On Full Power; the Netherlands) UK Re-entry Programme (UK) - a school-based group intervention teaching cognitive behavioural and social problem-solving skills	20.10.2018	USA, Australia, China, Netherlands, United Kingdom	Additional studies recommended
Marie Meo - a systemic school-based model for early detection and intervention targeting children who display externalizing behaviour	20.10.2018	Sweden	Additional studies recommended
Second Step Violence Prevention/Step for Step/Teacher - violence prevention programme with developmentally appropriate curriculum for children	20.10.2018	Germany, Norway, USA	Possibly beneficial